

**Jo Ann Wilder, LCSW** LCS 141181  
Licensed Clinical Social Worker

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**Education:**

**UNIVERSITY OF CALIFORNIA, BERKELY, CALIFORNIA 1977**  
Master of Arts – Social Welfare

**UNIVERSITY OF CALIFORNIA, BERKELY, CALIFORNIA 1969**  
Bachelor of Arts – History

**Licensure:**

**LICENSED CLINICAL SOCIAL WORKER 1989 – PRESENT**  
State of California LCS 14181

**Certification:**

**SAN DIEGO COUNTY CHILD WELFARE SERVICES 2007 – PRESENT**  
TERM Team Mental Health Provider

**Clinical Experience:**

**PRIVATE PRACTICE, ESCONDIDO 2007 – PRESENT**  
Licensed Clinical Social Worker

Individual, Couples, Family, and Group therapy for adults and children Treatment techniques based on Cognitive Behavioral, Self Psychology, and Psychodynamic theories

Specializing in: Alzheimer's Families, Anger Management, Anxiety, Assertiveness Training, Bipolar Disorders, Child Behavioral Problems, Clinical Depression, Communication Skills, Domestic Violence, Elder Abuse, Divorce/ Separation, Marital/Relationship, Foster Placement/Adoptions, Post Traumatic Stress Disorder, Grief/Loss/ Bereavement, Gay/Lesbian Issues, Self-Esteem, Personal Growth, Stress Management, Single-Parenting/Step- Parenting, Blended Families, Victims of Crime, and Women's Issues

**SAN DIEGO COUNTY CHILD WELFARE SERVICES (CWS) 2007 – PRESENT**  
Mental Health Treatment Provider

General mental health services to adults and children in the CWS Programs

Specialized treatments for Adjustment Disorders, Antisocial Behavior, Attachments In Children, Attention Deficit Disorders, Anxiety Disorders, Foster Placement Issues, Impulse Control Disorders, Mood Disorders, and Separation Anxiety

**STATE OF CALIFORNIA VICTIM COMPESATION PROGRAM (CVOC) 2007 – PRESENT**  
Mental Health Treatment Provider

General mental health services to adults and children in the VOC Program

Specialized treatments for Adjustment Disorders, Antisocial Behavior, Attachments In Children, Attention Deficit Disorders, Anxiety Disorders, Foster Placement Issues, Impulse Control Disorders, Mood Disorders, and Separation Anxiety

**COMMUNITY RESOURCE CENTER (CRC), ENCINITAS, CALIFORNIA 2005 – 2007**  
Clinical Director

- Administrative duties and responsibilities for Clinical Department
- Prepared and implemented Clinical Department Protocols for clinical practice, supervision, in-service training, ethics, and professionalism
- Staff hiring and termination in the Clinical Department
- Clinical training of counselors, interns, case managers and volunteers
- Supervision of Counseling Department staff
- Supervision of graduate interns from San Diego State University, University of Southern California, Loma Linda University, Cal State Long Beach, and University of Santa Monica
- Clinical oversight of the interfacing between emergency shelter staff and counselors
- Facilitated Batterers' Treatment Groups
- Program Director of CRC Batterers' Treatment Program and
- Maintenance of individual counseling caseload, specializing in treatment of domestic violence survivors

**COMMUNITY RESOURCE CENTER (CRC), ENCINITAS, CALIFORNIA 2004 – 2005**  
Clinical Social Worker

- Performed clinical assessments
- Provided individual and group therapy to victims of domestic violence
- Provide individual and group therapy to community residents
- Chaired weekly Clinical Staff Meetings
- Chaired weekly Clinical Staff Meetings
- Supervised Master's Level interns from San Diego State University
- Conducted in-service training regarding domestic violence and other topics
- Researched and developed HIPAA Policy Statement for agency
- Coordinated Certified Batterers' Treatment Program

**SAINT CLARE'S HOME, INC., ESCONDIDO, CALIFORNIA 2003 – 2004**  
Clinical Coordinator

- Directed agency therapeutic services
- Performed clinical assessments
- Provided individual and group therapy to women who were homeless and/or victims of domestic violence
- Conducted treatment team meetings with clients and case managers
- Chaired weekly meetings of all clinical staff
- Recruited, trained, and supervised interns
- Provided in-service training related to homelessness and domestic violence
- Developed HIPAA Policy Statement for agency
- Developed Policy and Procedures for therapeutic services component
- Liaison with outside mental health agencies

**EYE COUNSELING AND CRISIS SERVICES, ESCONDIDO, CALIFORNIA 1996 – 1999**  
Director

Management Duties:

- Administrative responsibility for multi-site, multi-system domestic violence programs, including women's shelter, batterers' treatment, community-based case management and support services for victims of abuse
- Budget development and management
- Staff training and supervision and community networking
- Development of new programs
- Community Networking
- Successful grant writing for City, County, State, and Federal Funding

Staff Training:

- Graduate Intern Supervision
- Individual and group supervision to graduate MSW interns from San Diego State University

In-Service Training:

- Conducted in-service trainings to EYE Program staff including:
  - The Battered Woman Syndrome
  - Why Battered Women Stay
  - The Batterer: Psychological Profiles
  - Counseling Children: Abuse Victims or Witnesses
  - Elder Abuse
  - Therapeutic Interventions for Abusers: The Controversy
  - Over What Works and What Doesn't and Why
  - Assessing Relationships For Violence Potential
  - Cross Cultural Incidence of Domestic Violence
  - Domestic Violence in the LGBT Community
  - Guidelines for Professional Conduct

Workshop Presentations:

- San Diego Domestic Violence Council – 1996  
*Advanced Treatment Modalities In The Field of Domestic Violence*
- California State University, San Marcos – 1997  
*"Why Do Battered Women Stay?"*
- California State University, San Marcos – 1998  
*"The Battered Women Syndrome"*

**EYE COUNSELING AND CRISIS SERVICES, ESCONDIDO, CALIFORNIA 1993 – 1996**  
Community Services Program Manager

- Administrative responsibility for outreach program for victims of domestic violence
- In-home case management services, support groups, and advocacy
- Program development, staff hiring, in-service training and staff supervision, media outreach, community relations, and public education

**EYE COUNSELING AND CRISIS SERVICES, ESCONDIDO, CALIFORNIA 1993 – 1996**  
Psychotherapist

- General mental health services to individuals, couples, and families – children and adults - including Anger Management, Anxiety, Assertiveness Training, Clinical Depression, Communication Skills, Domestic Violence, Elder Abuse, Marital/Relationship/Family conflicts, Post Traumatic Stress Disorder, Grief/Loss/Bereavement, GLBT/Diversity Issues, Mid-Life Crisis, Self-Esteem, Personal Growth, and Stress
- Facilitated anger management and batterers' treatment groups for men and women

**THE WELLNESS COMMUNITY, SAN DIEGO, CALIFORNIA 1988 – 1990**

Group Counselor

- Provided group counseling to terminal cancer patients
- Provided information and referral to community services

**SAN DIEGO HOSPICE, SAN DIEGO, CALIFORNIA 1986 – 1988**

Medical Social Worker

- Provided counseling and support services to clients and family members for issues of grief and loss, anger, and care giving
- Provided information and referral on community resources
- Presented in-service training on clinical issues of bereavement

**San Francisco Bay Area Employment Prior to 1986:**

**EAST BAY ELDER ABUSE PREVENTION CONSORTIUM, OAKLAND, CALIFORNIA 1984 – 1986**

Executive Director

**THE NATIONAL COUNCIL ON THE AGING, SAN FRANCISCO, CALIFORNIA 1982 – 1984**

Consultant

**EAST BAY ELDER ABUSE PREVENTION CONSORTIUM, OAKLAND, CALIFORNIA 1979 – 1982**

Executive Director

**COMMUNITY CARE FOUNDATION, OAKLAND, CALIFORNIA 1976 – 1979**

Executive Director

**ADMINISTRATION ON AGING, SAN FRANCISCO, CALIFORNIA 1974 – 1976**

Grants Evaluator

**Professional Affiliations:**

**NATIONAL ASSOCIATION OF COGNITIVE BEHAVIORAL THERAPISTS - (NACBT) 2007 – PRESENT**

**CALIFORNIA ASSOCIATION OF MARRIAGE AND FAMILY THERAPISTS - (CAMFT) 2007 – PRESENT**

**NATIONAL ASSOCIATION OF SOCIAL WORKERS - (NASW) 1987 – PRESENT**